



Watertown Commission on Aging

Regular Meeting Agenda

DATE: Thursday, August 20, 2026
TIME: 6:30 PM
LOCATION: Watertown Town Hall, lower-level conference room
61 Echo Lake Road, Watertown, CT

This meeting will be an In-Person meeting and will also be available via Zoom in Listen Only Mode.
A Link will be posted on the day of the meeting.
Please see www.watertownct.org under the Calendar of Meeting.

- I. Call Meeting to Order**
- II. Roll Call**
- III. Public Participation**
- IV. Correspondence**
- V. Approval of Minutes**
 - A. July 16, 2026, Regular Meeting
- VI. Reports**
 - A. Chairman
 - B. Parks & Recreation Director
 - C. Senior Services Coordinator/Municipal Agent
- VII. Old Business**
- VIII. New Business**
- IX. Adjournment**

Commissioners, please contact the Watertown Parks & Recreation Department Monday through Friday by 4:30 PM at 860-945-5246 if you are unable to attend. Thank you.

AGENDA

Date: 8-20-24

Number: VA



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

WATERTOWN TOWN HALL
FIRST FLOOR CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT

Thursday, July 16, 2026

I. The meeting was called to order at 6:30 PM by Melanie Flaherty, Chair

II. Roll Call

PRESENT: Melanie Flaherty, Chair
Alan Mickel, Vice Chair
Wilbur Hughes
Cynthia Blanchard
Sally Kuslis
Amy Quinnan
Andrea Corcoran
Tracy Dasilva

ABSENT: Debra Desena

OTHERS PRESENT: Michael Ganem, Director of Parks, Recreation, Senior, and
Social Services

III. Public Participation – none

IV. Correspondence –

- Informational flyer about dental clinic co-sponsored by WCAAA
- Letter from Leslie Melanson

V. Approval of Minutes:

June 18, 2026, Regular Meeting

Motion by Amy Quinnan, seconded by Tracy Dasilva to approve the minutes of the June 18, 2026, meeting.

Correction: Tracy Dasilva was an excused absence.

*Motion passed with Aye: 5 Mickel, Hughes, Blanchard, Kuskis, Quinnan Nay: 0
Abstention: 2 Dasilva and Flaherty. Motion passes.*

VI. Reports

A. Chairman – no report

B. Parks & Recreation Director

Michael Ganem:

- Yielded his time to the commission

C. Senior Center Coordinator/Municipal Services

Laura Garay:

Provided a written report (attached to the packet)

VII. Old Business- the commission discussed the draft of "A Proposal for Senior Affordability Programs"

Motion by Melanie Flaherty to create a subcommittee to research the needs of Watertown Seniors and helping to keep Watertown seniors in their homes. Seconded by Tracy Dasilva. Motion fails.

Motion by Sally Kuslis, seconded by Wilbur Hughes, to create a subcommittee to:

- 1) Create a mission statement*
- 2) Investigate the needs of Watertown seniors and cross-reference those needs against*
- 3) available services and programs*
- 4) That the sub-committee will report their findings to the whole commission*

The motion passed unanimously.

Interested in serving in this capacity are Wilbur Hughes, Amy Quinnan, Sally Kuslis, and Cindy Blanchard

Motion by Al Mickel, seconded by Wilbur Hughes, to approve the aforementioned names to serve on the sub-committee.

The motion passed unanimously.

VIII. New Business – None

IX. Adjournment -

Motion: Alan Mickel, seconded by Wilbur Hughes to adjourn the Regular Meeting at 7:29 P.M.

The motion passed unanimously.

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk

AGENDA

Date: 8-20-24

Number: VIC

Falls Ave Senior Center

July 2026 Monthly Activity Summary (July 1–31, 2026)

- (10) **New FASC Members** came on board between July 1- July 31, 2026.
- (11) Seniors enjoyed **Movie & Popcorn** for the showing of *1776: The Musical* on Wednesday July 1.
- (16) Seniors attended **Milkshake Monday** on Monday July 13.
- (5) Seniors participated in 25-minute sessions of **Reflexology** on Tuesday July 14.
- (11) Seniors attended a **Painting Class** led by Middle School Art Teacher Stephanie Lauro-Goetz who generously donated her time and talent on Wednesday July 15.
- (40) Seniors participated in a **Bus Trip featuring lunch at Bill's Seafood in Westbrook and a two-hour Cross Sound Lighthouse Cruise** on Friday July 17.
- (32) Seniors attended our **Sixth Annual Blueberry Bake-Off** on Wednesday July 22 which featured two new judges; Business Owner Gabi, owner of Gabi Ghouls by Hardcore Sweet Bakery as well as our Watertown Parks and Recreation Director, Michael Ganem. Our Town Manager, Mark Raimo, attended to support our talented bakers, judges, and senior tasters. This event continues to be one of our signature summer traditions!
- (14) Seniors attended a **Bus Trip** to the **Litchfield Hills** where they enjoyed lunch at **Patty's Restaurant in Litchfield** followed by a visit to the **Bantam Farmers Market** and **Poppy's Ice Cream in Morris** on Friday July 24.
- (68) Seniors attended our **Second Annual Luau Party** making it our largest event of the month and a festive conclusion to July's activities on Friday July 31.

Planned Activities – August 2026

- Zumba (Sponsored by Oak Street Health) **8/4/2026**
- Bus Trip to the Pond House Café & Bushnell Park Carousel **8/7/2026**
- Bus Trip to the Aqua Turf Club for Dinner and Entertainment **8/11/2026**
- Reflexology **8/11/2026**
- Bus Trip to the Nathan Hale Homestead & Bidwell Tavern **8/14/2026**
- Milkshake Monday **8/17/2026**
- Bus Trip to the Waterbury Senior Center for the Brass City Harvest Farmers Market **8/18/2026**
- Blood Pressure Screenings (Sponsored by NCE Home Health Care) **8/18/2026**
- Movie & Popcorn *featuring newly released, "Young Washington"* **8/21/2026**
- Bus Trip to BARC's, Hidden Café for Lunch **8/24/2026**
- Book Club **8/25/2026**
- Bus Trip to Aldi's in Bristol **8/26/2026**
- Picnic in the Park at Veterans Memorial Park **8/28/2026**